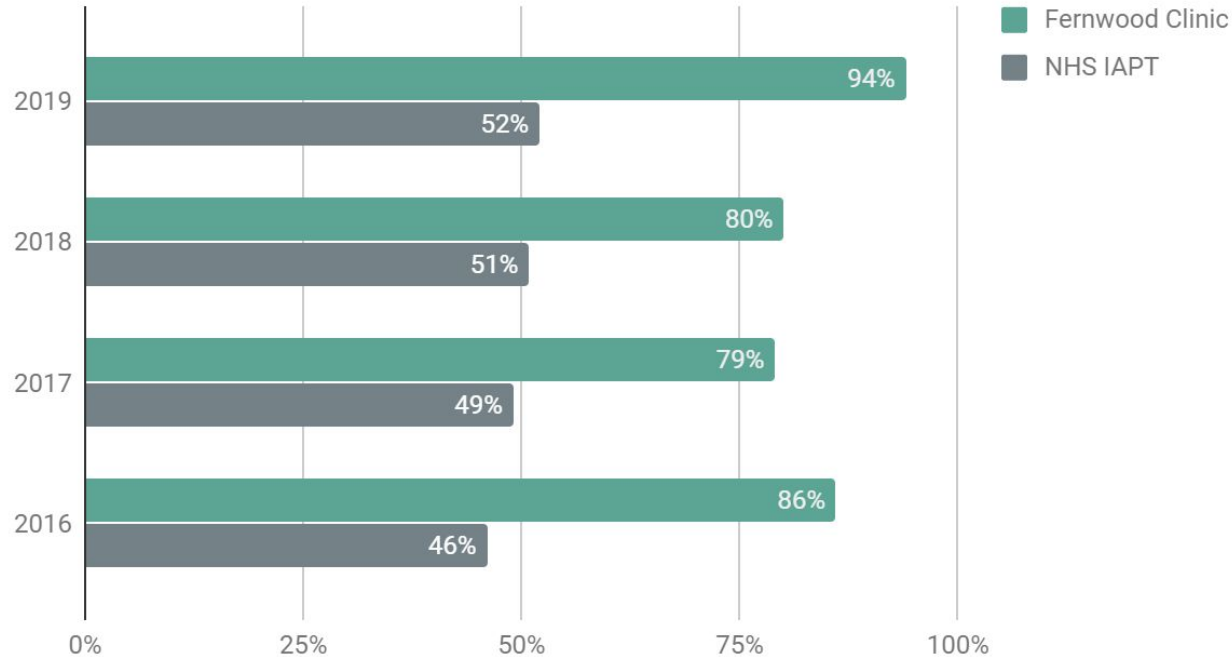


Fernwood Clinic Recovery Rates versus NHS IAPT



- Recovery is recorded when a client moves below caseness threshold on *both* PHQ-9 (depression questionnaire) and GAD-7 (anxiety questionnaire), having initially scored above both clinical thresholds;
- Fernwood Clinic data is calendar years January - December 2016, 2017, 2018 and 2019.
- NHS IAPT (improved access to psychological therapy) data is April 2015-March 2016, April 2016-March 2017, April 2017-March 2018, April 2018 - March 2019 (latest available annual figures).