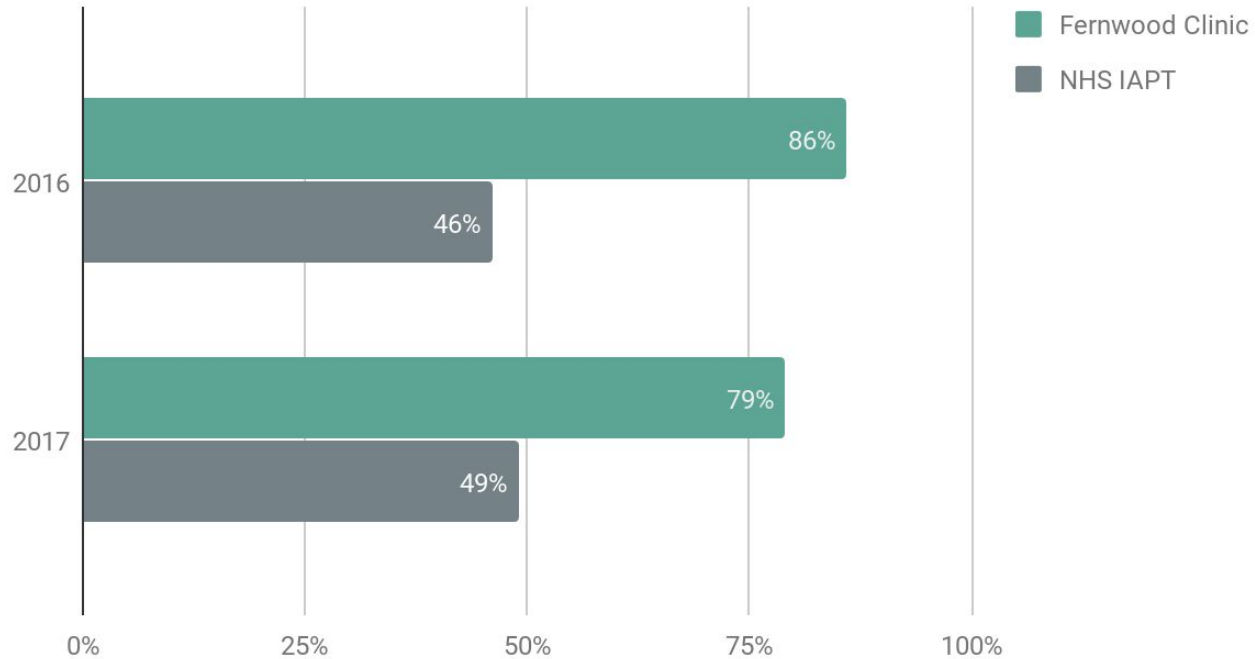


Fernwood Clinic Recovery Rates versus NHS IAPT



- Recovery is recorded when a client moves below caseness threshold on *both* PHQ-9 (depression questionnaire) and GAD-7 (anxiety questionnaire), having initially scored above both clinical thresholds;
- Fernwood Clinic data is January-December 2016 and January-December 2017;
- NHS IAPT (improved access to psychological therapy) data is April 2015-March 2016 and April 2016-March 2017 (latest available annual figures).